
the **STARTING LINE**

CD #1

| Track | Title |
|-------|---|
| 1 | First Impressions Drumset Solo |
| 2 | Introduction |
| 3 | #1 Quarter Note Example |
| | #2 Eighth Note Example |
| | #3 Sixteenth Note Example |
| 4 | #4 Quarter Rest Example |
| | I) Group One |
| | II) Group Two |
| | III) Group Three |
| | IV) Group Four |
| | #5 Quarter Rest Exercise |
| 5 | #6 Eighth Rest Examples |
| | I) Group One |
| | II) Group Two |
| | III) Group Three |
| | IV) Group Four |
| | V) Group Five |
| | VI) Group Six |
| | #7 Eighth Rest Exercise |
| | #8 Eighth Rest Exercise |
| | #9 Eighth Rest Exercise |
| | <i>Demonstration of Exercise using Bass Drum and Hi Hat</i> |
| | #10 Combination Exercise |
| | #11 Combination Exercise |
| 6 | #12 Sixteenth Rest Examples |
| | I) Group One |
| | II) Group Two |
| | III) Group Three |
| | IV) Group Four |
| | V) Group Five |
| | VI) Group Six |
| | #13 Sixteenth Rest Exercise |
| | #14 Sixteenth Rest Exercise |
| | #15 Sixteenth Rest Notation Exercise |
| | <i>Demonstration of Exercise using Hi Hat</i> |
| | #16 Combination Exercise |
| | <i>Demonstration of Exercise using Bass Drum</i> |
| | #17 Combination Exercise |
| 7 | #18 Audio Whole Note Example |
| | #19 Audio Whole Note Example |
| | #20 Audio Whole Note Example |
| | #21 Audio Whole Note Example |
| | #22 Audio Half Note Example |
| | #23 Combination Exercise |
| 8 | #24 Audio Tie Example |
| | #25 Quarter and Eighth Note Tie Example |
| 8 | I) Group One |
| | II) Group Two |
| | #26 Quarter and Eighth Note Tie Exercise |
| | #27 Combination Exercise |

the **STARTING LINE**

- 9 #28 Sixteenth Note Tie Example
- #29 Sixteenth Note Tie Exercise
- #30 Combination Exercise
- 10 #31 Dotted Half Note and Dotted Quarter Note Examples
- #32 Dotted Half Note and Dotted Quarter Note Exercise
- 11 #33 Dotted Eighth Note Example
- #34 Dotted Eight Note Exercise
- #35 Combination Exercise
- 12 #36 Accent Example
 - I) Group One
 - II) Group Two
- 13 #37 Audio Thirty Second Note Example
- #38 Audio Thirty Second Note Example
- #39 Audio Thirty Second Note Example
- #40 Thirty Second Note Example
 - I) Group One
 - II) Group Two
- #41 Roll Exercise
- 14 #42 Audio Eighth Note Triplet Example
- #43 Audio Quarter Note Triplet Example
- #44 Audio Quarter Note Triplet Example
- #45 Quarter Note and Eighth Note Triplet Example
 - I) Group One
 - II) Group Two
 - III) Group Three
- #46 Quarter Note and Eight Note Triplet Exercise
Demonstration of Exercise using Hi Hat
- #47 Combination Exercise
- 15 #48 Sixteenth Note Triplet Example
- #49 Sixteenth Note Triplet Exercise
- #50 Combination Exercise
- 16 #51 6/8 Reading Exercise
- 17 #52 Cut Time Reading Exercise
- 18 #53 Dynamic Reading Exercise
- 19 #54 Warm Up / Coordination Exercise
- #55 Warm Up / Coordination Exercise
- #56 Warm Up / Coordination Exercise
- #57 Warm Up / Coordination Exercise
- #58 Warm Up / Coordination Exercise

CD #2

| Track | Title |
|-------|---------------------------|
| 1 | The 26 American Rudiments |
| | The Long Roll |
| | Five Stroke Roll |
| | Seven Stroke Roll |
| | Nine Stroke Roll |
| | Ten Stroke Roll |
| | Eleven Stroke Roll |
| | Thirteen Stroke Roll |
| | Fifteen Stroke Roll |
| | Seventeen Stroke Roll |
| | The Flam |

the **STARTING LINE**

- The Flam Accent
- The Flam Paradiddle
- The Flam-a-cue
- The Ruff
- The Single Drag
- The Double Drag
- The Double Paradiddle
- The Single Ratamacue
- The Triple Ratamacue
- 2 The Single Stroke Roll
- 3 The Flam Tap
- 4 The Single Paradiddle
- Drag Paradiddle #1
- Drag Paradiddle #2
- The Flam Paradiddle-Diddle
- Lesson 25
- The Double Ratamacue
- 5 Blake
- Grooves
- Two Bar Patterns
- Fills
- 6 Blake Drumset Solo
- 7 Blake Drumset Solo Trak
- 8 Blake Supplemental Exercises
- 9 Jeremy
- Grooves
- Two Bar Patterns
- 10 Jeremy Drumset Solo
- 11 Jeremy Drumset Solo Trak
- 12 Jeremy Supplemental Exercises
- 13 Dusty
- Grooves
- Two Bar Patterns
- Fills
- 14 Dusty Drumset Solo
- 15 Dusty Drumset Solo Trak
- 16 Nick
- Two Bar Patterns
- Fills
- 17 Nick Drumset Solo
- 18 Nick Drumset Solo Trak
- 19 Ethan
- Grooves
- Two Bar Patterns
- Fills
- 20 Ethan Drumset Solo

CD #3

- | Track | Title |
|-------|------------------------------|
| 1 | Ethan Drumset Solo Trak |
| 2 | Ethan Supplemental Exercises |
| 3 | Chelsea |
| | Grooves |

the **STARTING LINE**

- Chelsea Fills
- 4 Chelsea Drumset Solo
- 5 Chelsea Drumset Solo Trak
- 6 Buddy
 - Grooves
 - Two Bar Patterns
 - Fills
- 7 Buddy Drumset Solo
- 8 Buddy Drumset Solo Trak
- 9 Josh
 - Grooves
- 10 Josh Drumset Solo
- 11 Josh Drumset Solo Trak
- 12 Brianna
 - Grooves
- 13 Brianna Drumset Solo
- 14 Brianna Drumset Solo Trak
- 15 Caleb
 - Two Bar Patterns
 - Fills
- 16 Caleb Drumset Solo
- 17 Caleb Drumset Solo Trak
- 18 **Bonus Trak: "First Impressions" Drumset Solo Trak**